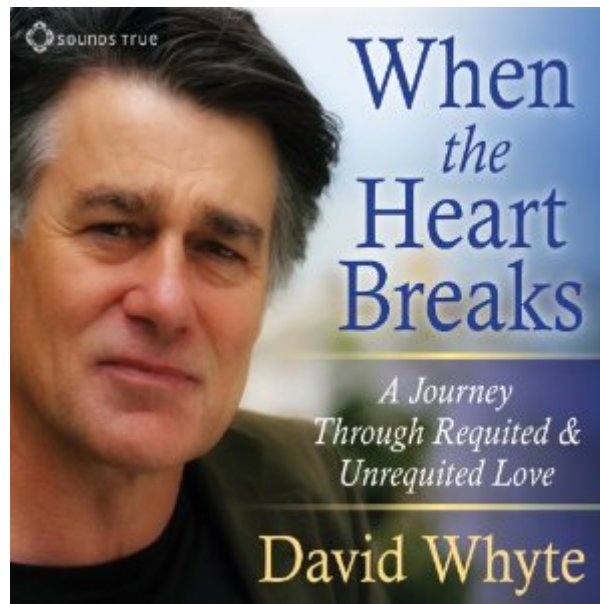


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# When The Heart Breaks: A Journey Through Requited And Unrequited Love



## Synopsis

If you never knew disappointment, would you ever grow? If you had never felt loss, could you have compassion for another? Without real heartache, would you ever know the greatness of love? On *When the Heart Breaks*, David Whyte invites you to join him in an investigation of a question that rests at the center of human experience. With a poet's insight into the landscape of the soul, he offers a deeply moving exploration of how we experience love and loss, and how with resilience and time we can rise again each time we are broken. "No human being has ever lived without knowing heartbreak," David Whyte tells us. "And to accept that truth is to give a merciful gift to ourselves." As David reveals, so often our hearts break because the love we offer - whether to a partner, a friend, a child, or a place - is not returned to us in the same way. Yet if we retreat from experience of unrequited love, he says, we miss the opportunity to discover the countless invisible ways that the world offers us its love in return, often unlooked for and unrecognized. Understanding heartbreak, says David Whyte, helps us to develop a more beautiful mind - a mind that embraces the hidden riches of life. We learn to apprentice ourselves to the great and small difficulties that test the edges of our identity and lead us into greater and greater understanding. With words to inspire laughter, courage, and deep reflection, David Whyte invites you to join him in the great conversation that takes us into the exquisite vulnerability of the unknown - the way a heartbreak can make us more humble, more aware, and expand our ability to love.

## Book Information

Audible Audio Edition

Listening Length: 2 hours and 23 minutes

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## Customer Reviews

David Whyte is a wonderful motivational speaker through the use of poetry. I have had the

opportunity to attend several of his seminars and will go to more if the opportunity becomes available. In the interim I enjoy listening to his CD sets. His audio recordings are powerful because his voice adds so much to his poetry. He reads poetry (his own and other poets) by sometimes repeating phrases or lines, and that adds a depth to the poem. Also, he tells back stories of his poetry and shares his philosophies of life that give the words of his poetry a deeper meaning. This CD set is the same high caliber of all the others I own. I highly recommend David Whyte's books and CD sets.

I never thought I'd enjoy a poet reading poetry - David Whyte's storytelling leading up to each poem and his interesting way of reading/emphasizing the poetry made this cd a real treat - I've listened all the way through on a number of occasions

It's lovely how life presents something when you're not looking, and turns everything into a joyous adventure that keeps offering more and more illuminating discoveries! This is what happened to me in early April of this year when I happened to catch sight of this cd in an online catalog I was idly wandering through. I heard the sample download, and immediately ordered it! And there's no turning back! I love David Whyte's poetry--so wise, so compassionate, so uncompromising in the service of something much deeper and truer about our human life I have often suspected, and even experienced, but there's such a delightful corroboration for those intimations here! I love David's storytelling, his sense of humour, and his laugh! His Yorkshire/Irish voice is a delight. The way he repeats lines from his poems when he reads them is very powerful--more like song, or incantation--it deepens the message and offers new insights every time I listen to this wonderful cd set. I have since read his "The Three Marriages", and have his book of poems called "House of Belonging" which speaks very personally to my particular journey. I know there is more of his work out there and am drinking from this lovely well for just as long as there's life in me! How did I not know of this lovely poet until just a month ago?!

Yes, of course this work meets with my highest approval, as do all of his works. He is my very favorite poet, just happens to be from one of my very favorite places. Thanks.

Everything that David Whyte writes, says, does, is epic. His poetry is beyond words in description. Listening to him read his poetry is heaven on earth.

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